

EXAMINATION BLUEPRINT STS3

## Domain 1

Safety Program Implementation • 13.8%

### Knowledge of:

- 1. Job safety/hazard analysis process
- 2. Basic audit or inspection protocols and tools
- 3. Inspection requirements (e.g., machine guarding, hose, grinding wheels, ladders, safety showers, and eye wash stations)
- 4. Incident investigation techniques (e.g., root cause analysis, five whys, fishbone), documentation requirements, and corrective action implementation
- 5. Basic waste management (e.g., proper disposal of batteries, paint, and light bulbs)

### Skill to:

- 1. Pre-plan work and manage cross-functional hazards associated with a project
- 2. Address changing conditions or tasks in the job safety/hazard analysis process
- 3. Effectively communicate in writing or verbally the findings of audits or inspections (e.g., follow-ups)
- 4. Recognize what is a potential violation relating to waste, emissions, or stormwater pollution (e.g., spills, releases)

### **Domain 2** Hazard Identification and Control • 47.1%

### Knowledge of:

- 1. Hierarchy of controls (e.g., elimination, substitution, engineering, administrative, personal protective equipment [PPE])
- 2. Globally Harmonized System of Classification and Labeling of Chemicals (GHS) (e.g., labels, safety data sheets [SDS], pictograms, signal words)
- 3. Energy isolation procedures (e.g., lockout/tagout)
- 4. Hazards and controls associated with handling and storing hazardous materials or chemicals
- 5. Safety systems/interlocks (e.g., electrical systems, critical support systems)
- 6. Hazards and controls associated with working around pressurized systems (e.g., steam systems)
- 7. Confined space requirements (e.g., identification, permits, entry, rescue)
- 8. Hazards and controls associated with working at heights (e.g., fall prevention and protection methods)
- 9. Hazards and controls associated with walking/working surfaces (e.g., slips, trips, and falls)
- 10. Hazards and controls associated with elevated work platforms (e.g., aerial lift, scaffolding, lifts, stairways)
- 11. Requirements for operating and inspecting power industrial equipment/trucks (PIT), including forklifts (e.g., checklists, certifications, competencies, pedestrian safety)
- 12. Hazards and controls associated with hand and power tools (e.g., hammers, grinders)
- 13. Hazards and controls associated with working around moving parts and pinch points (e.g., machine guarding, pulleys)
- 14. Hazards associated with housekeeping (e.g., materials storage, clutter, staging, fire hazards)
- 15. Hazards and controls associated with hot work (e.g., welding, burning, cutting, grinding)
- 16. Safety operations associated with cranes and lifting devices (e.g., pre-operation inspection, checking manufacturer use standards, chain fall, load ratings)
- 17. Safety procedures associated with rigging and hoisting (e.g., inspection of rigging equipment, load limitations of rigging, use of tag lines)
- 18. Types and proper use of personal protective equipment (PPE)
- 19. Electrical safe work practices (e.g., arc flash, temporary power cord safety, ground fault circuit interrupter [GFCI])
- 20. Hazards and controls associated with excavations (e.g., depth, distance, barricades, spoil pile location, basic soil classifications, emergency exits)
- 21. Basic concepts in ergonomics (e.g., proper lifting techniques, repetitive stress or injury, neutral posture)
- 22. Office safety procedures (e.g., only open one file cabinet drawer at a time, kitchen appliance safety)
- 23. Safety procedures associated with motor vehicle operation (e.g., seat belts, loading docks, chocking of wheels)
- 24. Safety procedures associated with heavy equipment operation (e.g., front-end loaders, backhoes, excavators)
- 25. Hazards associated with using technology while working (e.g., distraction caused by use of personal electronic devices)
- 26. Hazards and controls associated with compressed gas storage and use (e.g., fuel gas, oxygen storage, ammonia tanks, liquefied petroleum gas cylinders)

### **Domain 3** Health Hazards and Basic Industrial Hygiene • 9.2%

### Knowledge of:

- 1. Chronic health hazards and controls (e.g., asbestos, lead, silica, mold, chromium-6)
- 2. Acute health hazards and controls (e.g., welding fume fever, poisoning, sensitivity, irritation)
- 3. Hazards and controls associated with hearing conservation
- 4. Environmental conditions that could impact worker health or safety (e.g., heat and cold stress)

## Domain 4

### **Emergency Preparedness and Management • 11.5%**

### Knowledge of:

- 1. Fire protection methods and classifications (e.g., appropriate fire extinguishing method for materials)
- 2. Fire safety requirements (e.g., monthly inspections, fire extinguisher locations, fire exits, emergency lighting)
- 3. Emergency response plans and drills (e.g., natural disasters, weather, crisis, fire, alarms, evacuation, rescue procedures, workplace violence and security)
- 4. Basic first aid, cardiopulmonary resuscitation (CPR), and automated external defibrillator (AED)
- 5. Universal precautions (e.g., bloodborne pathogens)

# Domain 5

### Leadership, Communication, and Training • 18.4%

#### Knowledge of:

- 1. BCSP Code of Ethics
- 2. Conflict resolution techniques (e.g., how to de-escalate a situation)
- 3. Behavioral-based safety observations and programs
- 4. Training requirements (e.g., frequency, training needs) for a project or job task

#### Skill to:

- 1. Effectively communicate safety information to employees, management, contractors, or other affected personnel
- 2. Coach or mentor employees on safe behavior and practices
- 3. Correct unsafe acts or conditions (e.g., stop work and correct)
- 4. Influence behavior within a diverse and changing workforce (e.g., motivation techniques for different personalities or learning styles, ability to empathize with workers)
- 5. Recognize when negative reinforcement (e.g., discipline) or escalation is needed to deal with safety behavior issue
- 6. Recognize when to seek assistance in relation to a hazard or situation
- 7. Manage worker limitations and apply accommodations as required by company or regulatory standards
- (e.g., fit for duty, job restrictions)
- 8. Identify relevant compliance aspects of a project or job task (e.g., bloodborne pathogens, ladder safety)